

Weekly Programme

	Monday Montag	Tuesday Dienstag	Wednesday Mittwoch	Thursday Donnerstag	Friday Freitag	Saturday Samstag	Sunday Sonntag
MORNING Vormittag	09.00-13.30 Hiking Tour Gardone Riviera Meeting Point: Info Point Gardone Riviera	09.45-13.00 Lemon House Tour Gargnano Meeting Point: City Hall Gargnano Via Roma 47 ***** 9.00-10.00 Dynamic Power not on 16th Sept Meeting Point: Yoga Room lev 1 next to Creavista Language: ITA/EN Cost: free Booking: Spa Reception or by calling 772	09.00-14.30 Monte Spino by Day Meeting Point: Hotel Colomber San Michele di Gardone	09.00-12.30 E-Bike Tour Gardone Riviera Meeting Point: KM Sport Gardone Riviera	10.00-12.00 Belle Epoque Gardone Riviera Meeting Point: Info Point Gardone Riviera	08.00-13.00 Local Market Salò Meeting Point: Piazzale Pedrazzi Salò ***** 09.00-17.00 2. Saturday of the month Vintage Market Meeting Point: Piazzale Centro Commerciale Salò 2	09.00-12.30 Visit Isola del Garda Meeting Point: Pier opposite Pizzeria Tip Tap - Salò Lakepromenade Parking: APCOA Civico Language: ITA/EN/DE Cost: 39€/ person 23€/children
AFTERNOON Nachmittag				18.30- 19.30 Meditation & Slow Flow Meeting Point: Yoga Room lev 1 next to Creavista Language: ITA/EN Cost: free Booking: Spa Reception or by calling 772	16.00 Visit Andre Heller Botanical Garden Meeting Point: Entrance Andre Heller Garden Language: ITA/EN/DE Cost: 26€/ person with guide Booking: by 17.00 day before Chiara Garioni +39 3387573813		
EVENING at the Lobby Bar Unterhaltung an der Bar					20:30 – 22:30 Uhr Live Musik	20:30 – 22:30 Uhr Live Musik	